# Condor Performance™ Schedule of Options for **Mental Toughness [Metuf™] Training** and 1-on-1 **Sport and Performance Psychology Services** for **Australian Clients** (2020)

*We offer six month-by-month **Mental Toughness Training** options that cater for all budgets, locations, ambitions and roles. There is neither a contract nor a minimum number of months and all options can be paused, cancelled or changed at any time. The Hawk option is not available to new monthly clients for their first month, as it would limit our ability to create some mental momentum but is available as of the second month. Rates are in Australian Dollars, inclusive of all taxes and apply to those commencing between 1st January 2020 and 31st December 2020. Rates will increase on 1st January 2021 but existing clients will continue to be charged the below.*

| Monthly Investment | HAWK | FALCON | HARRIER | EAGLE | CONDOR | ALBATROSS |
|---|---|---|---|---|---|---|
| When working 1-on-1 with one of our **Sport / Performance Psychologists** | $ 129 | $ 246 | $ 349 | $ 432 | $ 594 | $ 899 |
| **Please Note:** | This option is NOT available to new monthly clients for their first month | 1 x free 30 minute Kick Start Session | 1 x free 30 minute Kick Start Session | 1 x free 30 minute Kick Start Session | 1 x free 30 minute Kick Start Session | 1 x free 30 minute Kick Start Session |
| **Inclusions:** | 30 minutes: Flexible Consultation Time (half an hour)<br><br>Metuf™ mental methods / content<br><br>Unlimited emails and text messages<br><br>Ongoing analysis via appropriate MTQ | 60 minutes: Flexible Consultation Time (1 hour)<br><br>Metuf™ mental methods / content<br><br>Unlimited emails and text messages<br><br>Ongoing analysis via appropriate MTQ | 90 minutes: Flexible Consultation Time (1.5 hours)<br><br>Metuf™ mental methods / content<br><br>Unlimited emails and text messages<br><br>Ongoing analysis via appropriate MTQ | 120 mins: Flexible Consultation Time (2 hours)<br><br>Metuf™ mental methods / content<br><br>Unlimited emails and text messages<br><br>Ongoing analysis via appropriate MTQ | 180 mins: Flexible Consultation Time (3 hours)<br><br>Metuf™ mental methods / content<br><br>Unlimited emails and text messages<br><br>Ongoing analysis via appropriate MTQ | 300 mins: Flexible Consultation Time (5 hours)<br><br>Metuf™ mental methods / content<br><br>Unlimited emails and text messages<br><br>Ongoing analysis via appropriate MTQ |